

AFRH - G / Master Menus Week of 06 / 13 / 2022 / Cycle 1 - REGULAR LINE

BREAKFAST - 0700 - 0830	LUNCH - 1130 - 1300	DINNER - 1630 - 1800
Donuts / Bran Muffins / Apple Fritters Assorted Danishes Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled Pork Bacon / Shredded Hash Browns French Toast Made to Order on the Grill Biscuits / Sausage Gravy	Chicken Noodle Soup Italian Wedding Soup Sausage & Veggie Casserole Club Sandwich Quarters Potato Logs / Sweet Pot Fries Traditional Coleslaw Sautéed Fresh Squash & Carrots Mini Slider Rolls / Cornbread	Chicken Noodle Soup Italian Wedding Soup Assorted Deli Meats / Cheeses Chicken A-La-King w/ Linguini Noodles Buttery Whole Green Beans Cape Cod Blend w/Toasted Pine Nuts Assorted Rolls / Sliced Breads
Donuts / Bran Muffins / Apple Fritters Assorted Coffee Cakes Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled Creamed Chipped Beef Lyonnaise Potatoes Biscuits / Country Gravy	Fiesta Ham Soup Vegetable Beef & Barley Soup Grilled Liver & Onions Chicken Caesar Wrap Baked Sweet Potato Stewed Cabbage Green Baby Limas w/Ons & Corn Slider Rolls / Cornbread	Fiesta Ham Soup Vegetable Beef & Barley Soup Assorted Deli Meats / Cheeses Fish Almandine / Sliced Rst Beef Baked Potato w/Sour Crm/Butter Broccoli Florets Baby Carrots Yeast Rolls / Sliced Bread
Donuts / Bran Muffins / Apple Fritters Cinnamon Rolls Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled Grilled Ham Steaks / Baked Beans Buttery Diced Potatoes Corn Muffins / Biscuits / Country Gravy	Kansas City Steak Soup Chicken Tortilla Soup Fried Chicken Wings & Legs Assorted Pizza Slices Ranch Red Potatoes Sautéed Brussel Sprouts Sautéed Fresh Zucchini Chunks Dinner Rolls / Cornbread	Kansas City Steak Soup Egg Drop Soup Assorted Deli Meats / Cheeses Baked Cut Chicken w/Chicken Grvy Mashed Potatoes w/Gravy Green Peas w/Pearl Onions Pickled Beets Brown & Serve Rolls / Sliced Bread
Donuts / Bran Muffins / Apple Fritters Assorted Muffins Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled Sausage Links/Patties / Hash Browns Pancakes / Apple Topping Biscuits / Country Gravy	Chili Bean Soup / Pimento Cheese Clam Chowder Shepard's Pie Country Fried Steaks/White Gravy Mashed Potatoes / Brown Gravy Caribbean Blend Veggies Mndrn Orange, Bluebry Spnch Sal w/Almnd Potato Bun / Cornbread	Chili Bean Soup / Pimento Cheese Clam Chowder Assorted Deli Meats / Cheeses Sweet & Sour Ribs / Fried Egg Rolls w/ Asian Stir Fried Rice Stir Fried Asian Vegetables Sugar Snap Peas / Fortune Cookies Parker House Rolls / Sliced Breads
Donuts / Bran Muffins / Apple Fritters Assorted Danishes Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled Creamed Ground Beef Smothered Potatoes Biscuits / Country Gravy	Split Pea w/Ham & Carrots Soup Chicken & Rice Soup Sloppy Joes Fried Shrimp w/Cocktail/Tartar Sauce Smothered Potatoes Snappy Slaw Blend Bermuda Blend Veggies Hushpuppies / Cornbread	Split Pea w/Ham & Carrots Soup Chicken & Rice Soup Assorted Deli Meats / Cheeses Meatloaf w/ Gravy Creamy, Cheesy Potatoes Steamed Asparagus Grilled Veggie Medley Slider Rolls / Sliced Bread
Donuts / Bran Muffins / Apple Fritters Honey Bun Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled Corned Beef Hash Shredder Hash Brown Potatoes Biscuits / Sausage Gravy	Knickerbockers Soup Loaded Potato Soup Tacos w/Toppings Ground Meat and Tomato Sauce Spaghetti / Cheesy Rosemary Bread Buttered Super Sweet White Corn Creamed Spinach & Artichokes w/ Tortilla Chips / Garlic Bread / Cornbread	Knickerbockers Soup Loaded Potato Soup Assorted Deli Meats / Cheeses BBQ Pulled Pork w/Slider Rolls Scallop Pot / Western Baked Beans Steamed Broccoli Sauteed Carrots / Coleslaw Dinner Rolls / Sliced Bread
Donuts / Bran Muffins / Apple Fritters Cinnamon Rolls Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled Grilled Ham Steaks / Cheesy Diced Pot Waffles / Pineapple Topping Biscuits / Country Gravy	Juneteenth & Father's Day Meal Chick & Sausage Gumbo w/Shrimp & w/ out Crunchy Pot Salad / Tom Salad/ BBQ Ribs Fried Chicken / Loaded Jambalaya Mac & Cheese / Smokey Collards Red Beans & Rice w/Sausage Ham Hocks Watermln & Fruit Bowl / Strwbry/Lemonade Red Velvet Cake/ Strwbry Pie/ Cornbread	Cream of Broccoli Soup Home Style Vegetable Soup Assorted Deli Meats / Cheeses Sliced Roast Beef w/ Gravy Mashed Potatoes w/Gravy Seasoned Green Beans Buttered Cauliflower Brown & Serve Rolls / Sliced Bread

DESSERTS - REGULAR LINE

Banana Cream Pie
Oatmeal & Raisin Cookies
MS Mud Cake
Cheesecake w/Drizzle
Coconut Meringue Pie
Oatmeal Cranberry Cookies
Cherry Cobbler

DESSERTS - DIET LINE

NSA Coconut Cream Pie
Assorted SF Cookies
Fresh Fruit Cups
Sponge Cake w/Mandarin Oranges
NSA Peach Pie
Assorted SF Cookies
Tropical Fruit Cups

DAILY SHORT ORDER LINE - LUNCH ONLY

Grilled Hamburgers w/ Buns / Sliced Cheese
Grilled Hot Dogs w/ Buns / Chili / Cheese Sauce
Grilled Chicken Breast w/ Corn Rolls
Grilled Cheese Sandwiches on White or Wheat
Condiments: Green Leaf Lettuce / Sliced Tomatoes
Sliced Red Onions / Dill Pickle Slices
Horseradish / Bacon / French Fried Potatoes